

THE CREW Newsletter

www.thecrewguild.org

Vol .09 Newsletter

September 2025



Welcome to the Crew Guild

The Crew is built on a dedication to serve, support, and nurture the interests and creativity of individuals with intellectual disabilities. It aims to enrich the lives of its participants and promote their well-being. We firmly believe that people naturally seek connection, engagement, and challenges that encourage personal growth. Our emphasis is on identifying each individual's strengths and creating opportunities for them to reach their potential, regardless of any obstacles they may encounter. Another remarkable feature of The Crew's mission is the focus on teamwork, empowering others to provide insight and ideas to focus opportunities whenever possible.

What is the national animal of Canada?

***Empowering Abilities,
Enriching Lives:
Together we Thrive!***

The Crew Guild Sarnia Inc.

**Tailored Support and
Recreation for Adults with
Intellectual Disabilities**

**We offer customized support
and recreational activities
for adults (18+) with
intellectual disabilities,
focusing on each individual's
abilities, interests, and
creativity.**

**Empowering Choices:
Our diverse range of support
options allows individuals to
make their own choices!**

**Explore our services on our
website to find what suits
your style!**

**Affordable and Passport
Friendly
Interested in our pricing?
Visit our website for more
details below.**

***Next page:
Cody's Book Buzz***

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Cody's Book Buzz

The Divergent Series

My next review is a set of four books that's called the divergent series. But first of all, let me talk about why my books aren't really pretty looking. For many years when I bought hardcover books, the first thing I did was to take the jackets off and throw them away. My mom kept telling me to keep the jackets because they had nice pictures on them. Instead, she told me to just take the jacket off when you're reading the book if you don't want them getting wrecked. So, in the last year or two, when I got a hardcover book with a nice jacket on it, I would keep the jacket and take the jacket off when I read a book. I wish I had listened to my mom earlier My preference is paperback books, so I don't have a ton of hard covers but sometimes it's all you can get.

Anyways, the Divergent Series, book names are Divergent, Insurgent, Allegiant, and Four. It's a story of how people are divided into four different groups called factions but when a child becomes of age, they can break away from their parent's faction and pick a different faction. The main character of the series is a girl by the name of Beatrice. She changes her name to Tris when she deviates from the faction she was born to. But before she picks her faction, she gets tested. They put her in what looks like a dentist chair. They inject her with serum and put probes on her head, and it was discovered that she doesn't fit into any of the factions and she actually is what a divergent. The person testing her tells her to keep it a secret because a divergent is very dangerous to the powers to be and they actually want to get rid of them because of the power they have Tris happens to be an extremely high divergent. (continued next page)



Visit his personal Web page: bit.ly/4gO1GI1

Leave him a comment! Tell him how great his book reports are! **Next page:**

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Cody's Book Buzz

In the first book, Tris meets a boy named Tobias that goes by the name "Four" and together they challenge the establishment and eventually win. The last book in the series is the book called Four and it's actually a prequel and shows the story of Four's background until he eventually meets Tris. I like this book series even though it is quite bizarre in some ways, but in some ways, it was down to earth as far as the characters itself. I would My next review is a set of four books that's called the Divergent series. But first of all, let me talk about why my books aren't really pretty looking. For many years when I bought hardcover books, the first thing I did was to take the jackets off and throw them away. My mom kept telling me to keep the jackets because they had nice pictures on them..Instead she told me to just take the jacket off when you're reading the book if you don't want them getting wrecked. So, in the last year or two, when I got a hardcover book with a nice jacket on it I would keep the jacket and take the jacket off when I read a book. I wish I had listened to my mom earlier My preference is paperback books, so I don't have a ton of hard covers .but sometimes it's all you can get.

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In the first book, Tris meets a boy named Tobias that goes by the name "Four" and together they challenge the establishment and eventually win. The last book in the series is the book called Four and it's actually a prequel and shows the story of Four's background until he eventually meets Tris.

I like this book series even though it is quite bizarre in some ways, but in some ways, it was down to earth as far as the characters itself. I would recommend this set of books, but if you watch the movies, there definitely is some plot differences.

Visit his personal Web page: bit.ly/4gO1GI1

[Leave him a comment! Tell him how great his book reports are!](#)

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Tom's Sports Corner

Every week, Tom becomes the storyteller of the Blue Jays saga, boasting about their epic highlights and thrilling victories. He's got a memory like an elephant for league details and a special place in his heart for his favorite players. Each month, with a little help from his crew, Tom dives into a weekly rewind to give us the full Jays rundown; but it's the twinkle in his eye during the weekly updates that really steals the show! Everyone hangs on his every word!



The latest scoop: Toronto's holding strong, perching high in the East Division. After their September 21st triumph over the Kansas City Royals, they snagged a playoff spot! First to clinch it, they're still playing hard to see how they'll rank.

Tom's also got his radar locked on player injuries, like Bo Bichette's knee mishap on September 7th against those pesky Yankees. The Jays feel his absence, and Tom's crossing his fingers for Bo's playoff return. On September 11th, Kevin Gausman was pitching up a storm with 9 innings of pure magic! Cheer on the Blue Jays for a World Series win starting October 24th!

At the time of his report, they're sitting tied for first with the New York Yankees, with two more showdowns against the Tampa Bay Rays. I'm sure there will be big news by the time this report is posted! Go Jays Go!

Tom's not just a Jays fan; he's got a soft spot for the Toronto Maple Leafs too. They kicked off exhibition games with a bang, defeating the Senators. Tom's all set to cheer them on as the regular season gears up!

Trivia



1.What Jay hit the world series winning home run in 1993?

2. What is the name of the stadium where the Blue Jays played from 1977 until 1989?

3. Who is the highest paid player in Blue Jays history?

4. Who was the manager of the Blue Jays when they won their first two World Series championships?

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Tom's Sports Corner



Answers

1. Who hit the world series winning home run in 1993? Answer: **Joe Carter**
2. What is the name of the stadium where the Blue Jays played from 1977 until 1989? Answer: **Exhibition Stadium**
3. Who is the highest paid player in Blue Jays history? Answer: **George Springer**
4. Who was the manager of the Blue Jays when they won their first two World Series championships?? Answer: **Cito Gaston**

AL EAST	W	L	PCT	GB	WCGB	L10	STRK
 Toronto Blue Jays x	92	68	.575	-	-	4-6	W2
 New York Yankees x	92	68	.575	-	+6.0	9-1	W6
 Boston Red Sox w	88	72	.550	4.0	+2.0	6-4	W1
 Tampa Bay Rays	77	83	.481	15.0	9.0	4-6	L2
 Baltimore Orioles	75	85	.469	17.0	11.0	5-5	L1

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Workshops

October 1st

Faux Stained Glass

1-4pm \$45

October 3rd

Africa Workshop

1-4pm \$45

October 7th

Pumpkin Wreaths

1-4pm \$45

October 8th

Fall Treats

1-3pm \$50

October 10th, 17th, 24th, 31st

Cooking Class

1-4pm \$45

October 15th

Indigenous Jewelry

Making

1-4pm \$45

October 16th

Card Making

1-4pm \$50

October 21st

Scrap Booking Group

6-8:30 pm \$50

October 22nd

Thanksgiving Gratitude

Decor

1-4pm \$45

Halloween Party

MEMBERS ONLY

October 25th

October 29th

Pumpkin Carving

1-4 pm \$50

*Find
out
more*



October Workshops | The CREW Guild

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Social Media Platforms

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Join us on Social Media



<https://www.facebook.com/thecrewguild>

Check out our Newsletters



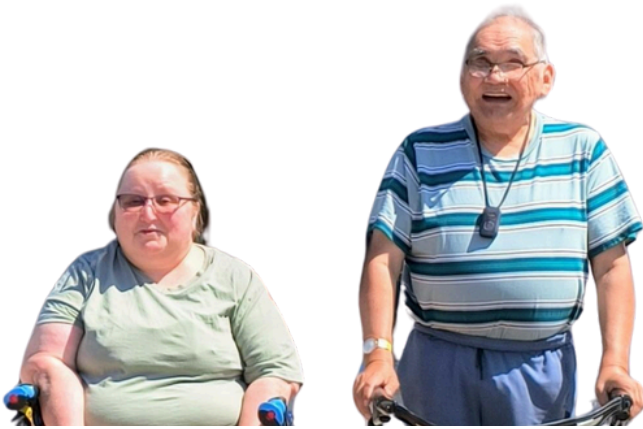
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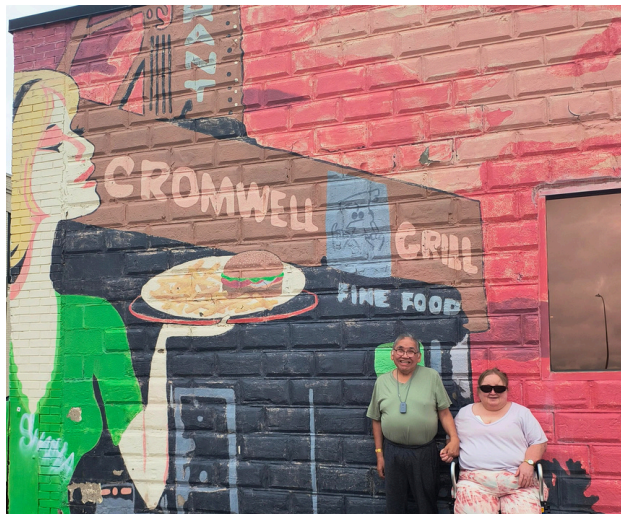


Randy and Shea's Resturant Crusade



Randy and Shea are the ultimate thrill-seeking tag team, always on the prowl for the next big escapade! Randy loves to dish out the deets on all his outings, and when the coffee crusade felt like climbing Everest, they shifted gears and embarked on a citywide restaurant safari!

Join their escapades for the inside scoop on the tastiest bites, top-notch service, accessibility hits and misses, and wallet-friendly (or not) prices!



Accessibility



Service



Food



Prices



Cromwell Grill
137 Cromwell St.
Sarnia ON

Randy and Shea's adventure led them to the cozy confines of the Cromwell Grill. Reminiscing about the good ol' days spent there, they braced themselves for the tight squeeze inside. In a strategic move, they left Randy's walker in the car, with support Randy had a trusty guide through the rows of tables. Even the servers seemed to be performing a graceful dance around the compact space! Definitely not walker or wheelchair-friendly territory!

Once seated, they couldn't stop raving about the delightful combo of service, food, and prices—giving the whole experience a resounding five stars! The service was like a gentle breeze: swift, friendly, and courteous. The prices? Just right, keeping pace with other eateries. And let's not forget the burgers, a smash hit, and the soup, a savory sensation!

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Life Skills Program

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Life Skills Program

Life Hacks Program

Our life skills courses are affordable! Prepare yourself for informative presentations from community partners, engaging activities, and practical experiences that will leave you feeling empowered and saying, "I've got this!"

Stay tuned to our Life Hacks page!

We have teamed up with awesome community Partners, who are ready to provide us with some very valuable information!

Check out the website link!



Fresh courses are brewing! 🎓 Keep your eyes peeled!

Got a topic you're itching to explore?
Tell us, and we'll handle the
planning and digging for you! 🕵️♀️

We've been approached to open
up another internet safety life
skills course, let us know if you
would be interested!

Curriculum posted to our website:
<https://www.thecrewguild.org/life-hacks-program>

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Paul's LARP*

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Paul's LARP Zone

Live Action Role Play

ANOTHER DELIGHTFUL OPPORTUNITY to bask in Paul's fiery enthusiasm for his LARP group! Listening to his tales, we couldn't help but feel the same cozy vibes as we do when we kick off our shoes at home. It's his happy place where he can truly be himself. Home sweet LARP! Sounds like a great place to be!



Paul kicked things off with a tale about joining the Trinity, a big surprise he didn't see coming. He was almost in a year ago but took a detour. Now, he's in, and it feels like destiny! Curious about the Trinity? Well, it's a mystical trio: the Lumatis (the sun) as the mother, Luna (the moon) as the daughter, and Gaia as the earth. On the induction night, Paul had his initiation into the Trinity and Luna. A church even played a part in this LARP saga! He bravely vowed to uphold the Trinity's rules, scrolls and all. Oh, and did you know he's now a faction member and a "pup of Hrogn"? This means more LARP adventures await,

complete with prayer power and resurrection—once he racks up 880 experience points, that is. His troll character needs a whopping 1800 points, so he's got his work cut out for him!

Last week, Paul rocked the NPC shift as a bonkers bishop with a "Xilften" (or "Netflix" backwards) hat. He got into character by finding a walking stick in the woods and babbled his way into creative madness, claiming there was evil afoot. With no weapons, he was all harmless charm, trying to wiggle his way into town.



<https://www.thecrewguild.org/paulslarpzone>

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Paul's LARP Zone

Live Action Role Play

His LARP passion even fuels his love for 3D printing! With his Nomis 3D printer, he's conjuring up all sorts of magical items for his group. One pic shows off his latest creation—talk about bringing fantasy to life!



Paul wrapped up with some thrilling news: he's off to the Oxford Renaissance Festival! It's the ultimate LARP extravaganza with fight pits, vendors, jousting, and even birds of prey. He'll be there all weekend, working the fight pit and inviting folks to join the fun. It's the highlight of the year, and almost the whole gang is going. They're heading up the night before to set up at the crack of dawn.

Paul left buzzing about his prep plans for the epic adventure ahead!

Interested in this epic group located in Watford ON? Hop on over to their social media platforms.

<https://www.facebook.com/groups/themma/> *on Facebook

[mixedmedievalarts15 MixedMedievalArts](#) *on TikTok

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Tirzah's Creative Designs***

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Tirzah's Creative Designs

Give a big shout-out to Tirzah, the freshest face on our Empowerment Page! Tirzah is knee-deep in her family's biz, Wilson Creative Designs, where they whip up stunning Native crafts like bracelets, earrings, and other jaw-dropping creations.



Give a big shout-out to Tirzah, the freshest face on our Empowerment Page! Tirzah is knee-deep in her family's biz, Wilson Creative Designs, where they whip up stunning Native crafts like bracelets, earrings, and other jaw-dropping creations.

Tirzah kicked off her crafting career with pony bead bracelets, thanks to some mom-powered guidance, and she's been on a mission to perfect her style ever since. Her creations are up for grabs at a sweet \$7 each or snag two for \$10! Want to feast your eyes on these amazing crafts? Swing by Wilson's Creative Designs!

Tirzah is itching to expand her crafting skills, with Native chokers next on her list of crafty conquests. It's no walk in the park, but she's confident and ready to dive into this new chapter.

With a sparkle in her eye, Tirzah says, "I may have an intellectual disability, but I can still achieve great things." Her confidence and eagerness to learn are truly inspiring!

Tirzah is quite proud of the things she has accomplished here at the crew.

She shared a picture of her designs with us and she also invites everyone to hop on over to Wilson Creative Designs of Facebook at

Wilson Creative Designs | Facebook

to see all the amazing creations, they craft and sell.

Tirzah is over the moon because her Dad is swinging by to show us the art of crafting Indigenous Jewelry on October 15th! Don't miss out!

Tirzah's Creative Designs | The CREW Guild

Empowerment Page | The CREW Guild

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Highlight***

THE CREW Newsletter Highlight

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**AS PART OF OUR STRATEGIC INITIATIVES,
WE ARE PLEASED TO ADVANCE PLANS,
BEGINNING WITH OUR CHILDREN'S
SERVICES.**

Children's Services

Launching on October 20th

**We are excited to announce a soft launch of our children's
services, scheduled for October 20th. This program is
designed for children in Grades 1-6.**

Cooking Class

Small Group Instruction

What will they learn?

Self-regulation

Safety skills

Life skills

Social skills

Kitchen hygiene

And much more!

**ADMISSION
...
OPEN**

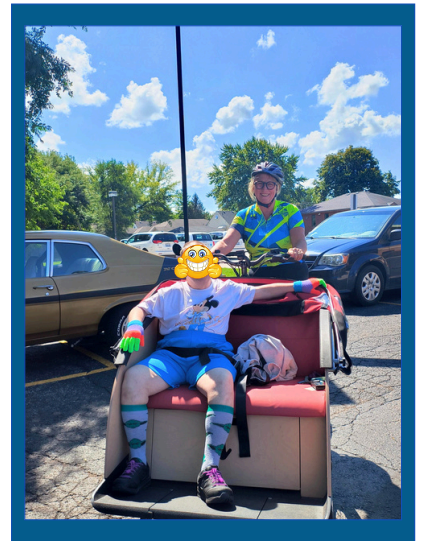
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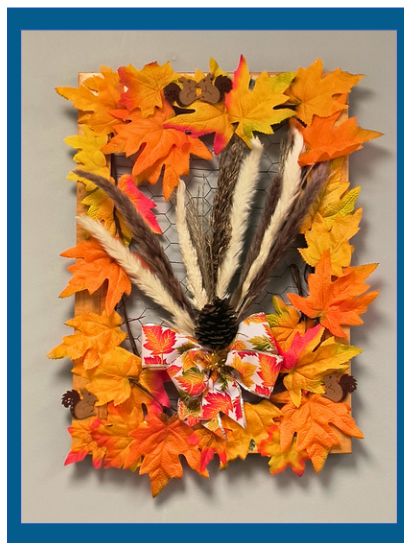
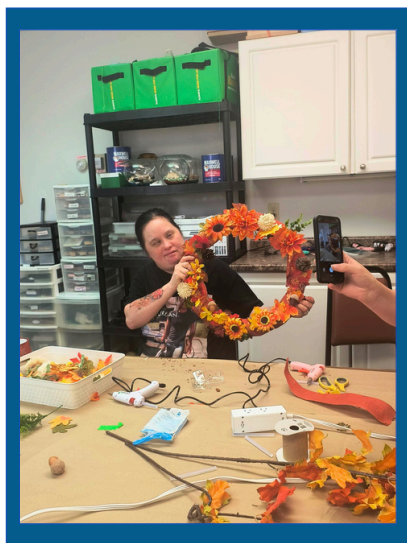


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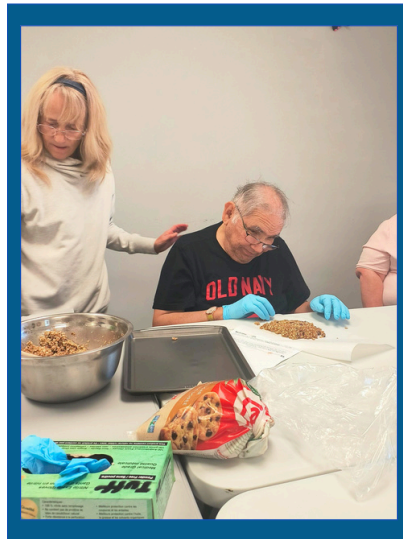


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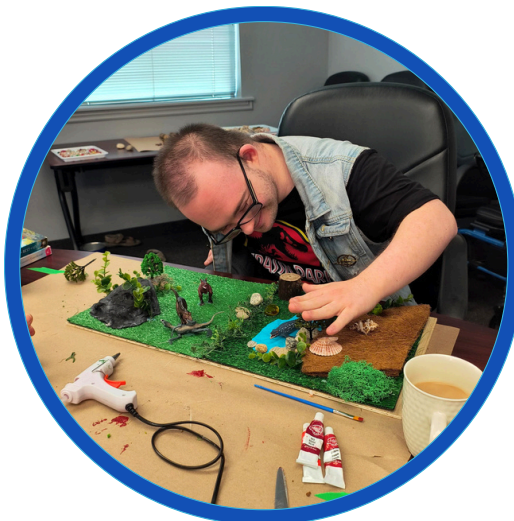
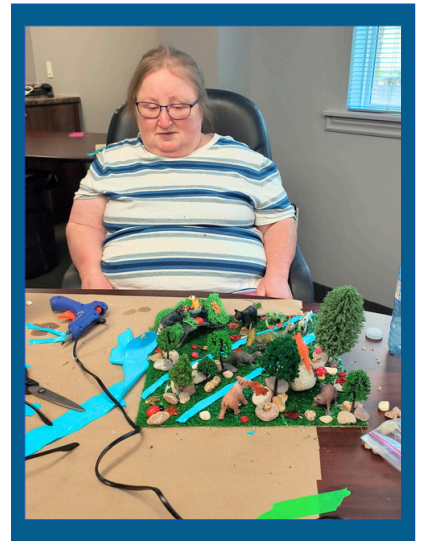
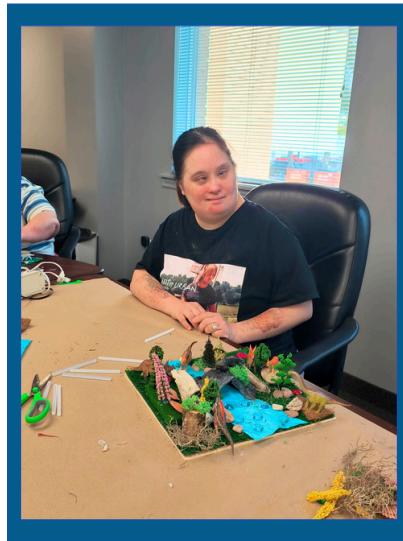


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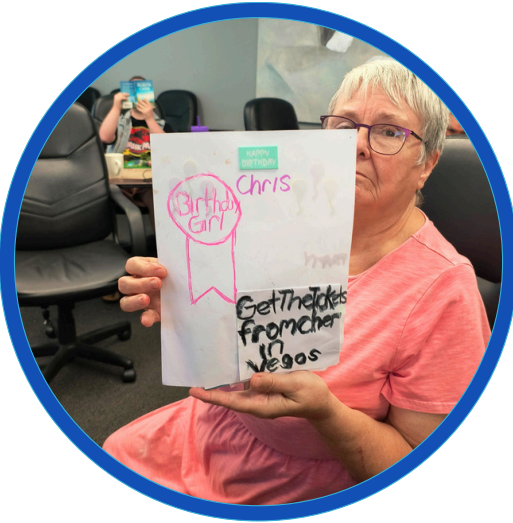


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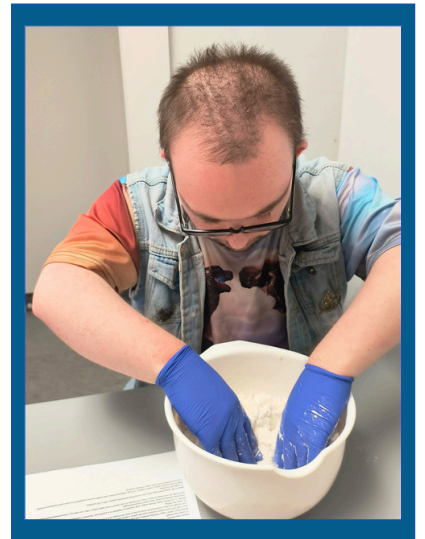


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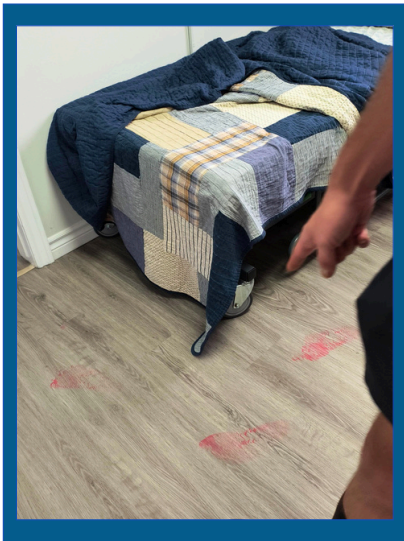


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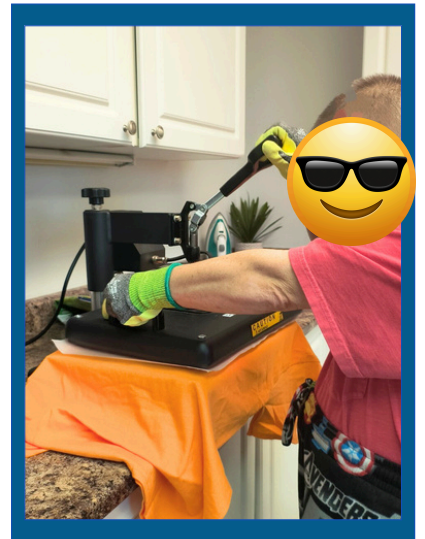


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October 31, 25**