

THE CREW Newsletter

www.thecrewguild.org

Vol .03 Newsletter
March 2025



Welcome to the Crew Guild

The Crew is built on a dedication to serve, support, and nurture the interests and creativity of individuals with disabilities. It aims to enrich the lives of its participants and promote their well-being. We firmly believe that people naturally seek connection, engagement, and challenges that encourage personal growth. Our emphasis is on identifying each individual's strengths and creating opportunities for them to reach their potential, regardless of any obstacles they may encounter. Another remarkable feature of The Crew's mission is the focus on teamwork, empowering others to provide insight and ideas to focus opportunities whenever possible.

In what year were the first Air Jordan sneakers released?

***Empowering Abilities,
Enriching Lives:
Together we Thrive!***

The Crew Guild Sarnia Inc.

We provide support and recreation activities tailored for adults (18+) with disabilities, exploring each person's abilities, interests and imagination.

We offer a variety of support opportunities, including day support services, community workshops, community respite service (One-On-One Passport Services), and life skills courses.

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Cody's Book Review***

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Cody's Book Buzz

For the most part, I am doing my book reviews on the sets of books I've read. And again hopefully a lot of you know the story behind the hunger games. I did enjoy the books, but there is something dark to them because teens from different districts are forced to fight in the hunger games to the death. So there is one winner per games. The main character is a girl by the name of Katniss, and she kind of breaks all the rules. The first rule she breaks is that the second person from her district and herself decide not to kill each other so the powers to be have to change the rules a bit. In the final book Katniss starts an uprising and a bunch of them go after the bad guys and terminate them. The worst man is somebody by the name of President Snow.

Fast-forward a number of years and two more books are written for the series, both of them are prequel, which means they happened before the main set of books. So the first prequel was a book by the name of the ballad of songbirds and snakes, and it's the story of President Snow rise to power.



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Cody's Book Review

We did a pre-order on the fifth book and it just arrived a few days ago, so I started reading it pretty much as soon as I got it. That book is called "Sunrise on the Reaping and it's the story of one of the winners of the hunger games 25 years earlier by the name of Haymitch when he was 16 and had to go into the hunger games. who later on went on to become a coach to Katniss. He actually turned into an alcoholic and was not a well person after going through the games. It definitely affected him negatively.

So the part I liked best about the books is when a bunch of teens stood up to the bad guys, particularly president, Snow, and went against him. The part I didn't like about the book was that these kids had to fight each other to the death in order to win the Hunger Games.

Visit his personal Web page: bit.ly/4gO1GI1



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Highlight*

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Craft Show



**420 East Street North,
Sarnia Ontario
N7T 6Y5**

Highlight

This energetic pair zoomed into action, prepping for their craft show extravaganza! Choosing fab prints, bagging, labeling, and pricing—these two were unstoppable!

At the show, sales were a tad sluggish, but they had a blast hyping Shea's maple leaf! All in all, they've done quite well, raking in a cool \$70!

Every penny of support and attention to the Fundraising Team comes at a grand total of zero dollars, with a slice of the sales pie funding those extra shenanigans they crave at the CREW.

And if that wasn't enough, they also juggled another secret project that's getting a special delivery this week! Talk about multi-tasking maestros!

Fundraising Team | The CREW Guild

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Tom's Sports Corner**

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Tom's Sports Corner

Workshops

April 4th**Polish Food****1-4pm &45**April 9th**Easter Wreath Creations****1-4pm \$45**April 11th &18th**Cooking Class****1-4pm \$45**April 14th**Accent Light Workshop****1-3pm \$30**April 16th**Spa Day****1-4pm \$45****April 25th****Windchime Creations****1-4pm \$45**

Tom spilled the beans that the Leafs strutted through March with 13 games, snagging 6 wins and enduring 7 losses. They've got just 10 more regular-season showdowns ahead. Tom couldn't resist bragging that they're sitting pretty in 1st place in the Atlantic division and holding 3rd in the Eastern conference. As of the 28th, he shared they are still in the playoff shuffle!

On the trade front, Tom excitedly announced that they've snagged Scott Laughton from the Flyers, Brandon Carlo from Boston, and Reese Johnson from Minnesota. He dished on a potential swap—Mitch Marner for Mikko Rantanen from the Hurricanes—but alas, Mitch pulled the "No Trade Clause" card and said, "Nope!"

Tom gave Coach Craig Berube a nod, reminiscing about his days playing for the Leafs back in 1991-92. He then raved about the goalies, with Joseph Woll stealing his favorite choice. Max Domi's energy reminds him of his dad Ty, who skated with the Leafs in the '90s.

Tom emphasized that the team shines brightest when they work together. Their passes are on point, though sometimes they end up giving away the puck. Tom enthusiastically rattled off his faves: Matthews Knies, Mitch Marner, Auston Matthews, William Nylander, Nick Robertson, and John Tavares.

Tom's Sports Corner | The CREW Guild

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Randy's Sarnia Sting Report

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Randy's Sarnia Sting Report

Randy and his wife took a stroll down memory lane, reflecting on the season's grand finale. Randy had already donned his psychic hat, predicting their playoff dreams were slim, given their track record. Though the last game left them feeling a bit blue, they agreed the season wasn't all doom and gloom—they gave it their best shot! As a sprightly young team, they're crossing their fingers for a glow-up next year.

After some conversation about bidding farewell to certain players, they wished them all the best in their future endeavors. They treasured the electric atmosphere of the arena and their nine-year journey with Sting Nation. This season, the radio became their game-day companion, allowing them to cheer from a distance when life prevented them from being in the stands.

They have a soft spot for the mascots and the entertaining antics during intermissions, but their wallets certainly felt the strain of ticket and snack prices! Next year, they'll be sitting out, not only due to costs but for other reasons as well. Farewell for now, Sting Nation! But they remain loyal Sting fans! Go Sting Go! Yuuup!

Randy's Sarnia Sting Report | The CREW Guild

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Life Hacks Program*

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Life Hacks Program

Our life skills courses are affordable! Prepare yourself for informative presentations from community partners, engaging activities, and practical experiences that will leave you feeling empowered and saying, "I've got this!"

Stay tuned to our Life Hacks page!

We have teamed up with awesome community Partners, who are ready to provide us with some very valuable information!

Check out the website link!

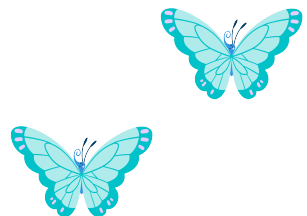
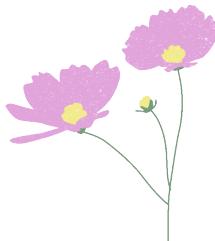


Life Skills Program Community Transportation

Phones, Tablets and Internet Safety



Spring of 2025



Curriculum posted to our website:
<https://www.thecrewguild.org/life-hacks-program>

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Testimonial

I have dedicated 25 years to the developmental sector and cherish every moment of it. With this new journey, each day, I am privileged to engage, connect, share laugh, explore, and grow alongside remarkable individuals.

Throughout this journey, I have encountered numerous genuine and uplifting people—participants, family members, staff, volunteers, and passport workers—each reinforcing my conviction that I am in the right place and truly blessed to be where I am.

While it has undoubtedly been an uphill battle, with long hours, numerous challenges and administrative burdens, the experience is entirely worthwhile. Witnessing smiles, hearing laughter, and collaborating with individuals to turn requests, new experiences, friendships, enjoyment, and challenges into reality brings me immense fulfillment.

Empowering Abilities and Enriching Lives is our goal, passion and what drives what we do!

**-Patty McDonald
Program Coordinator and Co-Owner**

***Stay tuned for our next newsletter:
April 30, 2025***

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*Stay tuned for our next newsletter:
April 30, 2025*